

## May 2025 Memory Care Calendar

		GENE CHICAGO					
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
WindChime of Marin  Memory Care Community  (415) 482-4100  LICE 216900977	LOCATION 2nd & 3rd Floor (2&3F) 2nd Floor (2F) 2nd or 3rd Floor (2O3F) 3rd Floor (3F) 3rd Floor Dining Room (3FDR) 3rd Floor Patio (3FP) 3rd Floor Theater (3FT) Community Room (CR) Garden Party (GP) Walk Around the Block (WATB)	ACTIVITY LEGEND  Be Adventurous  Be Challenged  Be Connected  Be Family  Be Inspired  Be Social  Be Well  Food For Thought		9:15am 9:30am 10:00am 10:00am 10:30am 20:00am	9:15am 9:30am 9:	9:15am 9:30am 10:00am 10:00am 10:00am 10:00am 10:30am	
9:00am 9:15am 9:30am Glam Day Sunday (3F) 9:30am 9:30am 10:00am 10:00am Meditation & Daily Chronicle & Mindful Meditation (3F) 10:30am 10:30am Meditation & Daily Chronicle (3F) 10:30am Tune Into Me (3F) 10:30am 10:30am Meditation Wision Board Journaling (3F) 10:30pm Meditation Vision Board Journaling (3F) 1:00pm Meditation Meditation (3F)  Sunday Candlelight Meditation (3F)	9:15am 9:30am 10:00am 10:00am 10:30am 10:30am 10:30am 10:30am 10:30am 10:30am 2 Daily Chronicle & Mindful Meditation (3F) 10:30am 2 Making Flower Crowns for Mother's Day (3F) 10:30am 1:00pm 2 Journal Art & Writing Short Stories (3F) 1:30pm 2:00pm 2:00pm 2:00pm 2:00pm 3:00pm 3:00pm 3:00pm 4:00pm 5 Scientific Facts & Memory Games (3FDR) 4:00pm 6:30pm 6:30pm 6:30pm	9:15am 9:30am 10:00am 10:00am 10:00am 10:00am 10:30am	9:15am 9:30am 10:00am 10:00am 10:30am	9:15am 9:30am 10:00am 10:00am 10:30am	9:15am 9:30am 10:00am 10:15am 9:30am Daily Chronicle & Mindful Meditation (3F) 10:30am	9:15am Morning Flag Salute (3F) 9:30am 10:00am 10:00am 10:00am 10:00am 10:30am	
9:00am 9:15am Morning Flag Salute (3F) 9:30am 10:00am Daily Chronicle & Mindful Meditation (3F) 10:00am Daily Chronicle & Mindful Meditation (3F) 10:00am Meditation & Daily Chronicle (3F) 10:30am Tune Into Me (3F) 1:00pm Bingo (3F) 2:00pm Meditation Vision Board Journaling (3F) 2:30pm Making Sundaes on Sunday (3F) 3:00pm Balloon Tennis & Golf (3F) 4:00pm Trivia (3F) 6:30pm Evening Movie in Theater (3FT) 7:00pm Sunday Candlelight Meditation (3F)	9:15am 9:30am 9:30am 10:30am Chair Yoga (3F) 10:30am 10:30am Daily Chronicle & Mindful Meditation (3F) 10:30am Dournal Art & Writing Short Stories (3F) 10:30am Paper Flower Making (3F) 1:30pm Culinary Creations: Baking with Residents (3F) 1:30pm Birding w/ Binoculars & Bird Art (3F) 1:30pm Tune Into Me (3F) 1:30pm Scientific Facts & Memory Games (3FDR) 4:00pm Scientific Facts & Memory Games (3FDR) 4:00pm Evening Armchair Travel (3FT)	9:15am 9:30am 9:	9:15am 9:30am 9:30am 10:00am 10:00am 10:30am 1	9:15am 9:30am 9:30am 10:00am 10:30am 1	9:15am 9:30am Morning Flag Salute (3F) 16 10:00am Chair Yoga (3F) 10:15am Daily Chronicle & Mindful Meditation (3F) 10:30am Specialized Chair Yoga w/ Karuna (3F) 10:30am Journal Art & Writing Short Stories (3F) 10:00pm Still Life Painting (3F) 2:00pm Still Life Painting (3F) 2:00pm Parain Initiative & Biography (3F) 4:00pm 4:00pm Frain Initiative & Biography (3F) 6:30pm 7:00pm Work Sheets (3F)	9:15am 9:30am 9:30am 9:30am 10:00am 10:00am 10:30am 10	
9:00am 9:15am 9:30am Chair Yoga (3F) 9:30am	9:15am 9:30am 10:00am 10:00am 10:30am	9:15am 9:30am 10:00am 10:00am 10:00am 10:30am	9:15am 9:30am 10:00am 10:30am 10:30am 10:00am	10:30am Journal Art & Writing Short Stories (3F) 10:30am Tune Into Me (3F)	9:15am 9:30am 9:30am 10:00am 10:15am 10:30am 1	9:15am 9:30am 10:00am 10:00am 10:00am 10:00am 10:30am	
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