



September 2026 Generations Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 Memory Care Community (415) 482-4100 LIC# 216800977	LOCATION 2nd Floor (2F) 2nd Floor Dining Room (2FDR) 2nd Floor Patio (2FP) 2nd or 3rd Floor (2O3F) 3rd Floor (3F) 3rd Floor Theater (3FT) Caregiver Lead Activity (CLA) Community Room (CR) Garden (G) 2nd & 3rd Floor (2&3F) 2nd & 3rd Floor (3FP)	9:30am Morning Sing Along (2F) 1 10:00am Chair Yoga with David (3FP) 10:30am Bingo (3FP) 10:30am Daily Chronicle & Discussion (CR) 10:30am Table Activities (3F) 1:30pm Path To Wellness: Walking Club (2F) 3:00pm Art Painting (3F) 3:30pm Tune into Me (3FP) 5:30pm Movie night (3F) 5:30pm News club (2F)	9:30am Morning Sing Along (2F) 2 10:00am Senior Power Fitness (3FP) 10:30am Daily Chronicle & Discussion (2F) 10:30am Maggie the Therapy Dog visits Residents (3FP) 11:00am Outdoor music & Coloring (2FP) 1:00pm Puzzles & Games (3FP) 2:00pm Water coloring painting (3FP) 3:00pm Garden Tea Party (G) 4:00pm Sing Along (3F) 5:30pm Movie night (3F) 5:30pm News club (2F)	9:30am Morning Sing Along (2F) 3 10:00am Senior Power Fitness (2FDR) 10:30am Daily Chronicle & Discussion (2F) 10:30am Therapy Dog Lulu visits Residents (3FP) 1:30pm Path To Wellness: Walking Club (2F) 2:00pm Drum Circle w/ Matt (3F) 3:00pm Sculpting w/ Aromatherapy Clay (2F) 3:30pm Brain Power Challenge (3FP) 5:30pm Movie night (3F) 5:30pm News club (2F)	9:30am Morning Sing Along (2F) 4 10:00am Seated Zumba (3FP) 10:30am Daily Chronicle & Discussion (2F) 10:30am Table Activities (3FP) 1:00pm Bingo (3F) 2:00pm Music with Kevin (3F) 3:00pm Balloon Tennis (3FP) 4:00pm Science Friday: Scientific Facts (2F) 5:30pm Movie night (3F) 5:30pm News club (2F)	9:30am Morning Sing Along (2F) 5 10:00am Senior Power Fitness (2FDR) 10:30am Therapy Dog Tucker Visits Residents (2&3F) 10:30am Daily Chronicle & Discussion (2F) 11:00am Outdoor music & Coloring (2FP) 1:00pm Table activities (3FP) 2:00pm Granny Pants Yard Game (3F) 4:00pm Fun Trivia (3F) 5:30pm Movie night (3F) 5:30pm News club (2F)
9:30am Morning Sing Along (2F) 6 10:00am Senior Stretches (2F) 10:30am Daily Chronicle & Discussion (3FP) 11:00am Table Activities (3FP) 1:30pm Movie & popsicles (3FT) 3:00pm Bingo 4:00pm Sitting Kickball (2F) 5:30pm Movie night (3F) 5:30pm News club (2F)	9:00am Labor Day (3FP) 7 9:30am Glam and Groom Day! (3FP) 9:30am Morning Sing Along (2F) 10:00am Senior Power Fitness (3FP) 10:30am Daily Chronicle & Discussion (2F) 10:45am Therapy Dog Potato & Meredith (3FP) 11:00am Brain Power Challenge (3FP) 1:00pm Balloon Toss (CLA) 2:15pm Nature Documentary (3FP) 3:30pm Ball Exercises (3FP) 5:30pm Movie night (3F) 5:30pm News club (2F)	9:30am Morning Sing Along (2F) 8 10:00am Chair Yoga with David (3FP) 10:30am Bingo (3FP) 10:30am Daily Chronicle & Discussion (CR) 10:30am Table Activities (3F) 1:30pm Path To Wellness: Walking Club (2F) 3:00pm Art Painting (3F) 3:30pm Tune into Me (3FP) 5:30pm Movie night (3F) 5:30pm News club (2F)	9:30am Morning Sing Along (2F) 9 10:00am Senior Power Fitness (3FP) 10:30am Daily Chronicle & Discussion (2F) 10:30am Therapy Dog Blecker visit (2O3F) 11:00am Outdoor music & Coloring (2FP) 1:00pm Puzzles & Games (3FP) 2:00pm Water coloring painting (3FP) 3:00pm Garden Tea Party (G) 4:00pm Sing Along (3F) 5:30pm Movie night (3F) 5:30pm News club (2F)	9:30am Morning Sing Along (2F) 10 10:00am Senior Power Fitness (2FDR) 10:30am Daily Chronicle & Discussion (2F) 1:30pm Path To Wellness: Walking Club (2F) 2:00pm Drum Circle w/ Matt (3F) 3:00pm Sculpting w/ Aromatherapy Clay (2F) 3:30pm Brain Power Challenge (3FP) 5:30pm Movie night (3F) 5:30pm News club (2F)	9/11 Remembrance Day (3FP) 11 9:30am Morning Sing Along (2F) 10:00am Seated Zumba (3FP) 10:30am Daily Chronicle & Discussion (2F) 10:30am Table Activities (3FP) 1:00pm Bingo (3F) 2:00pm Music with Kevin (3F) 3:00pm Balloon Tennis (3FP) 4:00pm Science Friday: Scientific Facts (2F) 5:30pm Movie night (3F) 5:30pm News club (2F)	9:30am Morning Sing Along (2F) 12 10:00am Senior Power Fitness (2FDR) 10:30am Therapy Dog Tucker Visits Residents (2&3F) 10:30am Daily Chronicle & Discussion (2F) 11:00am Outdoor music & Coloring (2FP) 1:00pm Table activities (3FP) 2:00pm Granny Pants Yard Game (3F) 4:00pm Fun Trivia (3F) 5:30pm Movie night (3F) 5:30pm News club (2F)
Culture Week- Renaissance Faire (3FP) 13 Grandparents Day (3FP) 9:30am Morning Sing Along (2F) 10:00am Senior Stretches (2F) 10:30am Daily Chronicle & Discussion (3FP) 11:00am Table Activities (3FP) 1:30pm Renaissance Movie and snacks (3FT) 3:00pm Bingo 4:00pm Sitting Kickball (2F) 5:30pm Movie night (3F) 5:30pm News club (2F)	Culture Week- Renaissance Faire (3FP) 14 9:00am Glam and Groom Day! (3FP) 9:30am Morning Sing Along (2F) 10:00am Senior Power Fitness (3FP) 10:30am Daily Chronicle & Discussion (2F) 10:30am Art with Suncrest (2F) 10:45am Therapy Dog Potato & Meredith (3FP) 11:00am Brain Power Challenge (3FP) 1:00pm Balloon Toss (CLA) 2:15pm Nature Documentary (3FP) 3:30pm Ball Exercises (3FP) 5:30pm Movie night (3F) 5:30pm News club (2F)	Culture Week- Renaissance Faire (3FP) 15 9:30am Morning Sing Along (2F) 10:30am Bingo (3FP) 10:30am Daily Chronicle & Discussion (CR) 10:30am Table Activities (3F) 1:30pm Path To Wellness: Walking Club (2F) 2:00pm Chair Yoga with Devon (3FP) 3:00pm Art Painting (3F) 3:30pm Tune into Me (3FP) 5:30pm Movie night (3F) 5:30pm News club (2F)	Culture Week- Renaissance Faire (3FP) 16 9:30am Morning Sing Along (2F) 10:00am Senior Power Fitness (3FP) 10:30am Daily Chronicle & Discussion (2F) 10:30am Maggie the Therapy Dog visits Residents (3FP) 11:00am Outdoor music & Coloring (2FP) 1:00pm Puzzles & Games (3FP) 3:00pm Garden Tea Party (G) 4:00pm Sing Along (3F) 5:30pm Movie night (3F) 5:30pm News club (2F)	Culture Week- Renaissance Faire (3FP) 17 9:30am Morning Sing Along (2F) 10:00am Senior Power Fitness (2FDR) 10:30am Daily Chronicle & Discussion (2F) 10:30am Therapy Dog Lulu visits Residents (3FP) 1:30pm Short Story Reading with Anchor Health (3F) 1:30pm Path To Wellness: Walking Club (2F) 2:00pm Drum Circle w/ Matt (3F) 3:00pm Sculpting w/ Aromatherapy Clay (2F) 3:30pm Brain Power Challenge (3FP) 5:30pm Movie night (3F) 5:30pm News club (2F)	Culture Week- Renaissance Faire (3FP) 18 9:30am Morning Sing Along (2F) 10:00am Seated Zumba (3FP) 10:30am Daily Chronicle & Discussion (2F) 10:30am Table Activities (3FP) 1:00pm Bingo (3F) 2:00pm Music with Kevin (3F) 3:00pm Balloon Tennis (3FP) 4:00pm Science Friday: Scientific Facts (2F) 5:30pm Movie night (3F) 5:30pm News club (2F)	International Apple Day (3FP) 19 9:30am Morning Sing Along (2F) 10:00am Senior Power Fitness (2FDR) 10:30am Therapy Dog Tucker Visits Residents (2&3F) 10:30am Daily Chronicle & Discussion (2F) 11:00am Outdoor music & Coloring (2FP) 1:00pm Table activities (3FP) 2:00pm Granny Pants Yard Game (3F) 4:00pm Fun Trivia (3F) 5:30pm Movie night (3F) 5:30pm News club (2F)
9:30am Morning Sing Along (2F) 20 10:00am Senior Stretches (2F) 10:30am Daily Chronicle & Discussion (3FP) 11:00am Table Activities (3FP) 1:30pm Movie & popsicles (3FT) 3:00pm Bingo 4:00pm Sitting Kickball (2F) 5:30pm Movie night (3F) 5:30pm News club (2F)	9:00am Glam and Groom Day! (3FP) 21 9:30am Morning Sing Along (2F) 10:00am Senior Power Fitness (3FP) 10:30am Daily Chronicle & Discussion (2F) 10:45am Therapy Dog Potato & Meredith (3FP) 11:00am Brain Power Challenge (3FP) 1:00pm Balloon Toss (CLA) 2:15pm Nature Documentary (3FP) 3:30pm Ball Exercises (3FP) 5:30pm Movie night (3F) 5:30pm News club (2F)	9:30am First Day of Autumn (3FP) 22 10:30am Morning Sing Along (2F) 10:30am Bingo (3FP) 10:30am Daily Chronicle & Discussion (CR) 10:30am Table Activities (3F) 1:30pm Path To Wellness: Walking Club (2F) 2:00pm Chair Yoga with Devon (3FP) 3:00pm Art Painting (3F) 3:30pm Tune into Me (3FP) 5:30pm Movie night (3F) 5:30pm News club (2F)	9:30am Morning Sing Along (2F) 23 10:00am Senior Power Fitness (3FP) 10:30am Daily Chronicle & Discussion (2F) 10:30am Therapy Dog Blecker visit (2O3F) 11:00am Outdoor music & Coloring (2FP) 1:00pm Puzzles & Games (3FP) 2:00pm Oktoberfest 2026 (G) 3:00pm Garden Tea Party (G) 4:00pm Sing Along (3F) 5:30pm Movie night (3F) 5:30pm News club (2F)	9:30am Morning Sing Along (2F) 24 10:00am Senior Power Fitness (2FDR) 10:30am Daily Chronicle & Discussion (2F) 1:30pm Path To Wellness: Walking Club (2F) 2:00pm Drum Circle w/ Matt (3F) 3:00pm Sculpting w/ Aromatherapy Clay (2F) 3:30pm Brain Power Challenge (3FP) 4:00pm Birthday Party w/ Bamboo Peru (CR) 5:30pm Movie night (3F) 5:30pm News club (2F)	9:30am Morning Sing Along (2F) 25 10:00am Seated Zumba (3FP) 10:30am Daily Chronicle & Discussion (2F) 10:30am Table Activities (3FP) 1:00pm Bingo (3F) 2:00pm Music with Kevin (3F) 3:00pm Balloon Tennis (3FP) 4:00pm Science Friday: Scientific Facts (2F) 5:30pm Movie night (3F) 5:30pm News club (2F)	9:30am Morning Sing Along (2F) 26 10:00am Senior Power Fitness (2FDR) 10:30am Therapy Dog Tucker Visits Residents (2&3F) 10:30am Daily Chronicle & Discussion (2F) 11:00am Outdoor music & Coloring (2FP) 1:00pm Table activities (3FP) 2:00pm Granny Pants Yard Game (3F) 4:00pm Fun Trivia (3F) 5:30pm Movie night (3F) 5:30pm News club (2F)
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