



July 2026 Generations Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 Memory Care Community (415) 482-4100 LIC# 216800977	LOCATION 2nd or 3rd Floor (2O3F) 3rd Floor (3F) 3rd Floor Patio (3FP) 3rd Floor Theater (3FT) Caregiver Lead Activity (CLA) Community Room (CR) 2nd & 3rd Floor (2&3F) 2nd & 3rd Floor (3FP) 2nd Floor (2F) 2nd Floor Patio (2FP)	ACTIVITY LEGEND Be Well One Reflection One Step Be Adventurous Be Challenged Be Connected Be Inspired Be Social	Canada Day 1 9:30am Morning Flag Salute (2F) 10:00am Senior Power Fitness (2F) 10:30am Daily Chronicle & Discussion (2F) 10:30am Daily Chronicle & Discussion (2F) 11:00am Outdoor music & Coloring (2FP) 1:00pm Aromatherapy Clay Sculpting (3F) 1:00pm Fishing & Foot Soak Retreat (3FP) 2:00pm Music & Masseur (3FP) 3:00pm Water coloring painting (3F) 4:00pm Sing Along (3F) 5:30pm Movie night (3F) 5:30pm News club (2F)	2 9:30am Morning Flag Salute (2F) 10:00am Senior Power Fitness (2F) 10:30am Daily Chronicle & Discussion (2F) 11:00am Calm music & Coloring (2F) 1:00pm Path To Wellness: Walking Club (2F) 2:00pm Drum Circle w/ Matt (3F) 3:00pm Sculpting w/ Aromatherapy Clay (2F) 4:00pm Balloon Toss (3FP) 5:30pm Movie night (3F) 5:30pm News club (2F)	4th of July Celebration 3 9:30am Morning Flag Salute (2F) 10:00am Senior Power Fitness (2F) 10:30am Therapy Dog Potato & Meredith (3FP) 10:30am Daily Chronicle & Discussion (2F) 11:00am Calm music & Coloring (2F) 11:30am 4th of July Celebration- Music with Allen Fredrick (CR) 1:00pm Bingo (3F) 2:00pm Music with Kevin (3F) 3:00pm Fun Trivia (3F) 4:00pm Science Friday: Scientific Facts (2F) 5:30pm Movie night (3F) 5:30pm News club (2F)	4 9:00am 4th of July 9:30am Morning Flag Salute (2F) 10:00am Chair Dance Fitness (2F) 10:30am Therapy Dog Tucker Visits Residents (2&3F) 10:30am Daily Chronicle & Discussion (2F) 11:00am Outdoor music & Coloring (2FP) 1:00pm Table activities (3FP) 2:00pm Granny Pants Yard Game (3F) 2:30pm Drum Circle w/ Matt (3F) 4:00pm Fun Trivia (3F) 5:30pm Movie night (3F) 5:30pm News club (2F)
5 9:30am Morning Flag Salute (2F) 10:00am Seated Salsa & steps (2F) 10:30am Daily Chronicle & Discussion (3FP) 11:00am Calm music & Coloring (2F) 1:00pm Movie & popcorn (3FT) 3:00pm Puzzle Time (3F) 4:00pm Sitting Kickball (2F) 5:30pm Movie night (3F) 5:30pm News club (2F)	6 Culture week- Amalfi Coast Italiano 9:00am Glam and Groom Day! (3FP) 9:30am Morning Flag Salute (2F) 10:00am Senior Power Fitness (2F) 10:30am Daily Chronicle & Discussion (2F) 11:00am Calm music & Coloring (2F) 1:00pm Bingo (3F) 2:00pm Italian music & scenic videos (3F) 3:00pm Afternoon movie with popcorn (3F) 4:00pm Balloon Toss (CLA) 5:30pm Movie night (3F) 5:30pm News club (2F)	7 Culture week- Amalfi Coast Italiano 9:30am Morning Flag Salute (2F) 10:00am Senior Power Fitness (2F) 10:30am Chef's Academy (CR) 11:00am Lemonade tasting & Lemon painting craft (2F) 1:00pm Path To Wellness: Walking Club (2F) 2:00pm Bingo (3F) 3:00pm Balloon Tennis (3FP) 3:30pm Tune into Me (3FP) 5:30pm Movie night (3F) 5:30pm News club (2F)	8 Culture week- Amalfi Coast Italiano 9:30am Morning Flag Salute (2F) 10:30am Seated stroll through Italy exercises (2F) 10:30am Daily Chronicle & Discussion (2F) 10:30am Daily Chronicle & Discussion (2F) 11:00am Outdoor music & Coloring (2FP) 1:00pm Aromatherapy Clay Sculpting (3F) 1:00pm Fishing & Foot Soak Retreat (3FP) 2:00pm Music & Masseur (3FP) 3:00pm Water coloring painting (3F) 4:00pm Sing Along (3F) 5:30pm Movie night (3F) 5:30pm News club (2F)	9 Culture week- Amalfi Coast Italiano 9:30am Morning Flag Salute (2F) 10:00am Senior Power Fitness (2F) 10:30am Therapy Dog Lulu visits Residents (3FP) 10:30am Daily Chronicle & Discussion (2F) 11:00am Calm music & Coloring (2F) 1:00pm Path To Wellness: Walking Club (2F) 2:00pm Drum Circle w/ Matt (3F) 3:00pm Italian Kitchen- Build & Bake Pizza (CR) 4:00pm Balloon Toss (3FP) 5:30pm Movie night (3F) 5:30pm News club (2F)	10 Culture week- Amalfi Coast Italiano 9:30am Morning Flag Salute (2F) 10:00am Senior Power Fitness (2F) 10:30am Therapy Dog Potato & Meredith (3FP) 10:30am Daily Chronicle & Discussion (2F) 11:00am Calm music & Coloring (2F) 1:00pm Bingo (3F) 2:00pm Music with Kevin (3F) 3:00pm Italian Gelato social 4:00pm Science Friday: Scientific Facts (2F) 5:30pm Movie night (3F) 5:30pm News club (2F)	11 9:30am Morning Flag Salute (2F) 10:00am Chair Dance Fitness (2F) 10:30am Therapy Dog Tucker Visits Residents (2&3F) 10:30am Daily Chronicle & Discussion (2F) 11:00am Outdoor music & Coloring (2FP) 1:00pm Table activities (3FP) 2:00pm Granny Pants Yard Game (3F) 2:30pm Drum Circle w/ Matt (3F) 4:00pm Fun Trivia (3F) 5:30pm Movie night (3F) 5:30pm News club (2F)
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