November 2026 Generations Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 9:30am Morning Sing Along (2F) 10:00am **Gentle Stretching (2F)** 10:30am Daily Chronicle & Discussion (3FP) 11:00am Table Activities (3FP) 1:30pm Afternoon Movie (3FT) 3:00pm Bingo (3F) 4:00pm Sitting Kickball (2F) 5:30pm Movie Night (3FP)	2 9:00am **Glam and Groom Day! (3FP)** 9:30am Morning Sing Along (2F) 10:00am Senior Power Fitness (3FP) 11:00am **Therapy Dog Potato & Meredith (3FP)** 11:00am Daily Chronicle & Discussion (2F) 2:00pm **Chair Yoga with David (3FP)** 3:30pm Ball Exercises (3FP) 4:00pm Sing along 5:30pm Movie Night (3FP)	3 9:30am Morning Sing Along (2F) 10:00am Zumba (3FP) 10:30am Daily Chronicle & Discussion (CR) 10:30am Table Activities (3F) 1:30pm Path To Wellness: Walking Club (2F) 2:00pm **Chair Yoga with Devon (3FP)** 3:30pm Tune into Me (3FP) 4:00pm Balloon Tennis (3FP) 5:30pm Movie Night (3FP)	4 9:30am Morning Sing Along (2F) 10:00am Senior Power Fitness (3FP) 10:30am Daily Chronicle & Discussion (2F) 10:30am **Therapy Dog Bleecker visit (2O3F)** 11:00am Music & Art (2FP) 1:00pm **Scenic Drive (CB)** 2:00pm **Music and Massage (3FP)** 3:00pm **Art Painting (3FP)** 4:00pm Sing Along (3FP) 5:30pm Movie Night (3FP)	5 9:30am Morning Sing Along (2F) 10:00am Senior Power Fitness (2FDR) 10:30am Daily Chronicle & Discussion (2F) 10:30am Table Activities (3FP) 11:00am Bingo (3FP) 1:00pm Games & Puzzles (3FP) 2:00pm **Drum Circle w/ Matt (3F)** 3:15pm Sculpting w/ Aromatherapy Clay (2F) 3:30pm Brain Power Challenge (3FP) 5:30pm Movie Night (3FP)	6 9:00am Sing Along 9:30am Morning Sing Along (2F) 10:00am Seated Zumba (3FP) 10:30am Daily Chronicle & Discussion (2F) 10:30am Table Activities (3FP) 1:00pm Bingo (3F) 3:00pm Bean Bag Toss (3FP) 4:00pm Science Friday: Scientific Facts (2F) 5:30pm Movie Night (3FP)	7 9:30am Morning Sing Along (2F) 10:00am Senior Power Fitness (2FDR) 10:30am **Therapy Dog Tucker Visits Residents (2&3F)** 10:30am Daily Chronicle & Discussion (2F) 1:00pm Table activities (3FP) 2:00pm Granny Pants Yard Game (3F) 2:30pm Drum Circle w/ Matt (3F) 4:00pm Fun Trivia (3F) 5:30pm Movie Night (3FP)
8 **Culture Week- Charlie Brown Thanksgiving** 9:30am Morning Sing Along (2F) 10:00am **Gentle Stretching (2F)** 10:30am Daily Chronicle & Discussion (3FP) 11:00am Table Activities (3FP) 1:30pm **Charlie Brown Thanksgiving Movie (3FP)** 3:00pm Bingo (3F) 4:00pm Sitting Kickball (2F) 5:30pm Movie Night (3FP)	9 **Culture Week- Charlie Brown Thanksgiving (3FP)** 9:00am **Glam and Groom Day! (3FP)** 9:30am Morning Sing Along (2F) 10:00am Senior Power Fitness (3FP) 11:00am **Therapy Dog Potato & Meredith (3FP)** 11:00am Daily Chronicle & Discussion (2F) 1:30pm **Art with Suncrest (2F)** 2:00pm **Chair Yoga with David (3FP)** 3:30pm Ball Exercises (3FP) 4:00pm Sing along 5:30pm Movie Night (3FP)	10 **Culture Week- Charlie Brown Thanksgiving (3FP)** 9:30am Morning Sing Along (2F) 10:00am Zumba (3FP) 10:30am Daily Chronicle & Discussion (CR) 10:30am Table Activities (3F) 1:30pm Path To Wellness: Walking Club (2F) 2:00pm **Chair Yoga with Devon (3FP)** 3:30pm Tune into Me (3FP) 4:00pm Balloon Tennis (3FP) 5:30pm Movie Night (3FP)	11 **Culture Week- Charlie Brown Thanksgiving (3FP)** 9:30am Morning Sing Along (2F) 10:00am Senior Power Fitness (3FP) 10:30am Daily Chronicle & Discussion (2F) 10:30am **Maggie the Therapy Dog visits Residents (3FP)** 11:00am Music & Art (2FP) 1:00pm **Scenic Drive (CB)** 2:00pm **Music and Massage (3FP)** 2:00pm Art Painting (3FP) 4:00pm Sing Along (3FP) 5:30pm Movie Night (3FP)	12 **Culture Week- Charlie Brown Thanksgiving (3FP)** 9:30am Morning Sing Along (2F) 10:00am Senior Power Fitness (2FDR) 10:30am Daily Chronicle & Discussion (2F) 10:30am Table Activities (3FP) 1:00pm Games & Puzzles (3FP) 2:00pm **Drum Circle w/ Matt (3F)** 3:15pm Sculpting w/ Aromatherapy Clay (2F) 3:30pm Brain Power Challenge (3FP) 5:30pm Movie Night (3FP)	13 **Culture Week- Charlie Brown Thanksgiving (3FP)** 9:30am Morning Sing Along (2F) 10:00am Seated Zumba (3FP) 10:30am Daily Chronicle & Discussion (2F) 10:30am Table Activities (3FP) 1:00pm Bingo (3F) 2:00pm **Charlie Brown Thanksgiving Sing Along (3FP)** 3:00pm Bean Bag Toss (3FP) 4:00pm Science Friday: Scientific Facts (2F) 5:30pm Movie Night (3FP)	14 **Culture Week- Charlie Brown Thanksgiving (3FP)** 9:30am Morning Sing Along (2F) 10:00am Senior Power Fitness (2FDR) 10:30am **Therapy Dog Tucker Visits Residents (2&3F)** 10:30am Daily Chronicle & Discussion (2F) 1:00pm Table activities (3FP) 2:00pm Granny Pants Yard Game (3F) 2:30pm Drum Circle w/ Matt (3F) 4:00pm Fun Trivia (3F) 5:30pm Movie Night (3FP)
15 9:30am Morning Sing Along (2F) 10:00am **Gentle Stretching (2F)** 10:30am Daily Chronicle & Discussion (3FP) 11:00am Table Activities (3FP) 1:30pm Afternoon Movie (3FT) 3:00pm Bingo (3F) 4:00pm Sitting Kickball (2F) 5:30pm Movie Night (3FP)	16 9:00am **Glam and Groom Day! (3FP)** 9:30am Morning Sing Along (2F) 10:00am Senior Power Fitness (3FP) 11:00am **Therapy Dog Potato & Meredith (3FP)** 11:00am Daily Chronicle & Discussion (2F) 1:00pm **Bingo (3FP)** 2:00pm **Chair Yoga with David (3FP)** 3:30pm Ball Exercises (3FP) 4:00pm Sing along 5:30pm Movie Night (3FP)	17 9:30am Morning Sing Along (2F) 10:00am Zumba (3FP) 10:30am **Story Reading with Janelle (3FP)** 10:30am Daily Chronicle & Discussion (CR) 10:30am Table Activities (3F) 1:30pm Path To Wellness: Walking Club (2F) 2:00pm **Chair Yoga with Devon (3FP)** 3:30pm Tune into Me (3FP) 4:00pm Balloon Tennis (3FP) 5:30pm Movie Night (3FP)	18 9:30am Morning Sing Along (2F) 10:00am Senior Power Fitness (3FP) 10:30am Daily Chronicle & Discussion (2F) 10:30am **Therapy Dog Bleecker visit (2O3F)** 11:00am Music & Art (2FP) 1:00pm **Scenic Drive (CB)** 2:00pm **Music and Massage (3FP)** 2:00pm Art Painting (3FP) 4:00pm Sing Along (3FP) 5:30pm Movie Night (3FP)	19 9:30am Morning Sing Along (2F) 10:00am Senior Power Fitness (2FDR) 10:30am Daily Chronicle & Discussion (2F) 10:30am Table Activities (3FP) 11:00am Bingo (3FP) 1:00pm Games & Puzzles (3FP) 2:00pm **Drum Circle w/ Matt (3F)** 3:15pm Sculpting w/ Aromatherapy Clay (2F) 3:30pm Brain Power Challenge (3FP) 5:30pm Movie Night (3FP)	20 9:30am Morning Sing Along (2F) 10:00am Seated Zumba (3FP) 10:30am Daily Chronicle & Discussion (2F) 10:30am Table Activities (3FP) 1:00pm Bingo (3F) 2:00pm **Music with Kevin (3FP)** 3:00pm Bean Bag Toss (3FP) 4:00pm Science Friday: Scientific Facts (2F) 5:30pm Movie Night (3FP)	21 9:30am Morning Sing Along (2F) 10:00am Senior Power Fitness (2FDR) 10:30am **Therapy Dog Tucker Visits Residents (2&3F)** 10:30am Daily Chronicle & Discussion (2F) 1:00pm Table activities (3FP) 2:00pm Granny Pants Yard Game (3F) 2:30pm Drum Circle w/ Matt (3F) 4:00pm Fun Trivia (3F) 5:30pm Movie Night (3FP)
22 9:30am Morning Sing Along (2F) 10:00am **Gentle Stretching (2F)** 10:30am Daily Chronicle & Discussion (3FP) 11:00am Table Activities (3FP) 1:30pm **Afternoon Movie (3FT)** 3:00pm Bingo (3F) 4:00pm Sitting Kickball (2F) 5:30pm Movie Night (3FP)	23 9:00am **Glam and Groom Day! (3FP)** 9:30am Morning Sing Along (2F) 10:00am Senior Power Fitness (3FP) 11:00am **Therapy Dog Potato & Meredith (3FP)** 11:00am Daily Chronicle & Discussion (2F) 1:00pm **Bingo (3FP)** 1:00pm **Music with Kendall (3F)** 2:00pm **Chair Yoga with David (3FP)** 3:30pm Ball Exercises (3FP) 4:00pm Sing along 5:30pm Movie Night (3FP)	24 9:30am Morning Sing Along (2F) 10:00am Zumba (3FP) 10:30am Daily Chronicle & Discussion (CR) 10:30am Table Activities (3F) 11:30am **Thanksgiving Luncheon (DR)** 1:30pm Path To Wellness: Walking Club (2F) 2:00pm **Chair Yoga with Devon (3FP)** 3:30pm Tune into Me (3FP) 4:00pm Balloon Tennis (3FP) 5:30pm Movie Night (3FP)	25 9:30am Morning Sing Along (2F) 10:00am Senior Power Fitness (3FP) 10:30am Daily Chronicle & Discussion (2F) 10:30am **Maggie the Therapy Dog visits Residents (3FP)** 11:00am Music & Art (2FP) 1:00pm **Scenic Drive (CB)** 2:00pm **Music and Massage (3FP)** 2:00pm Art Painting (3FP) 4:00pm Sing Along (3FP) 5:30pm Movie Night (3FP)	26 **Happy Thanksgiving (3FP)** 9:30am Morning Sing Along (2F) 10:00am Senior Power Fitness (2FDR) 10:30am Daily Chronicle & Discussion (2F) 10:30am Table Activities (3FP) 1:00pm Games & Puzzles (3FP) 2:00pm **Drum Circle w/ Matt (3F)** 3:15pm Sculpting w/ Aromatherapy Clay (2F) 3:30pm Brain Power Challenge (3FP) 5:30pm Movie Night (3FP)	27 9:30am Morning Sing Along (2F) 10:00am Seated Zumba (3FP) 10:30am Daily Chronicle & Discussion (2F) 10:30am Table Activities (3FP) 1:00pm Bingo (3F) 2:00pm **Music with Kevin (3FP)** 3:00pm Bean Bag Toss (3FP) 4:00pm Science Friday: Scientific Facts (2F) 5:30pm Movie Night (3FP)	28 9:30am Morning Sing Along (2F) 10:00am Senior Power Fitness (2FDR) 10:30am **Therapy Dog Tucker Visits Residents (2&3F)** 10:30am Daily Chronicle & Discussion (2F) 1:00pm Table activities (3FP) 2:00pm Granny Pants Yard Game (3F) 2:30pm Drum Circle w/ Matt (3F) 4:00pm Fun Trivia (3F) 5:30pm Movie Night (3FP)
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